



EXPRESS SCRIPTS®



Express Scripts Canada Active Pharmacy Program

A single diagnosis can change everything. We are here to help and give you trusted advice and support when you need it.

www.express-scripts.ca

Express Scripts Canada Active Pharmacy Program

We know that a single diagnosis can change everything. Instead of the future you've imagined and worked toward, you are left with uncertainty, anxiety and many questions.

Some questions – like “Why me?” – may not have answers. But for the rest, getting the answers you need when you need them is the key to accessing the most effective treatments and getting on with your life.

- *What is this condition, and what is its usual progression?*
- *What are my treatment options?*
- *Does my lifestyle have to change? How?*
- *Will I be able to continue working? Caring for my family?*
- *How will this affect my family and me financially?*

Without professional support, uncertainty can create unnecessary stress and take a severe toll on emotional and mental wellbeing, often resulting in depression and an inability to focus on other areas of your life.

That's why we designed our Active Pharmacy Program. It bridges gaps in care to reduce stress, lower costs and create better health outcomes. Living with a complex or chronic illness is never easy, but we make sure you don't have to do it alone. As one of Canada's leading providers of health benefit services, you can count on us.



Our pharmacists are your personal health advocates, available to answer all your questions in strict confidence. They're here to provide knowledgeable, individualized support whenever it's needed.

Through collaboration with you, your physicians and other health-care professionals, our comprehensive pharmacy experience is proven to help you get the optimum benefits from the treatments your doctors recommend.

We're here to help you manage your condition, optimize your treatments and feel better.

Navigating the financial implications of your diagnosis

The costs for treatments for complex and chronic conditions can be astronomical, and may not be covered by your employer-sponsored plan. The financial implications of treatment can be complex, and are even harder to manage because you are coping with the physical impact of your condition at the same time.

Our professional pharmacists have deep expertise in complex and chronic conditions like yours, and we're here to answer your treatment questions:



- *What are the different treatment options, and how can I compare the costs and benefits?*
- *If my employer-sponsored health plan doesn't cover the cost of treatment I need, are there other options for funding or coverage?*
- *I've heard about people having to sell or re-mortgage their home – is that going to happen to me?*

At the Express Scripts Canada Pharmacy, we do so much more than fill prescriptions and deliver medications. We understand how your insurance coverage works so that you can get the greatest benefit. With your consent, we gather your prescription history so that we have a clear and complete picture of your unique health situation. We then work on your behalf to help you identify all financial resources that you may be eligible, helping you minimize any out-of-pocket costs.

Finally, we've partnered with your insurer to help you achieve the best health outcomes at the highest rate of reimbursement.



A Better Pharmacy Experience

- ✓ One pharmacy team manages all your medication needs.
- ✓ We prepare an integrated treatment program and personalized health action plan to help you understand your disease.
- ✓ We consult with you and your doctors to help you optimize treatment benefits while helping you avoid drug interactions and minimize any side effects.
- ✓ We deliver your medications to your preferred location and send reminders, so you never run out and interrupt your treatment. When necessary, we contact your doctor for renewals.

Imagine having someone with professional expertise who understands your needs, empathizes with what you are going through and can provide trusted advice and support you when you need it.



To learn more about this unprecedented level of care, visit www.express-scripts.ca/specialty or call **1 855 550-MEDS (6337)**.



Contact us

Toll-free 1 (855) 550-MEDS (6337)
www.express-scripts.ca

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Express Scripts Canada transforms the way organizations and employees think about and participate in their drug benefit plan. Express Scripts Canada provides pharmacy services to thousands of Canadian patients. Through its proprietary consumer intelligence, clinical expertise, and patients-first approach, Express Scripts Canada promotes better health decisions for plan members, while managing and reducing drug benefit costs for plan sponsors. Express Scripts Canada is indirectly owned by Express Scripts Holding Company.